

# “Lets Talk”

**A free informational program for Tweens and Teens**

*Presented by*



Moms drop off your daughters for an hour at the Four Seasons offices. **Karen Hasty, MD., F.A.C.O.G** and **Nancy Rector Finney MD., F.A.C.O.G.** will answer all the tough questions and inform your daughters about the many changes they are seeing in their bodies. Program also includes topics like proper hygiene and the importance of nutrition and exercise.

For the 14-18 year old girls the discussion will also include healthy relationships, abstinence, birth control, and STD's.

Dr. Hasty and Dr. Finney will be the source to provide accurate information and provide reliable support for your tweens and teens.

## **WHEN**

Session for TWEENS (9-13 year old girls)  
Tuesday, October 19, 6:30-7:30 p.m.

Session for TEENS (14-18 year old girls)  
Tuesday, October 26, 6:30-7:30 p.m.

## **WHERE**

Four Seasons ob/GYN offices  
Oak Hills Medical Building  
7711 Louis Pasteur Drive, Suite 105

Please RSVP by calling (210) 593-0700  
or emailing: [ssuttles@fourseasonsobgyn.com](mailto:ssuttles@fourseasonsobgyn.com)  
Subject line Let's Talk RSVP

***There is limited space so please make reservation in advance.***

